



St Patrick's Marist College

Catholic Education in the tradition of St Marcellin Champagnat

Star of Peace

151 Kirby Street, Dundas, Telephone (02) 96385644 • Facsimile (02) 96842120 • Email: stpatsdundas@parra.catholic.edu.au

Number 12

10th August, 2016

From the Principal

Dear Parents, Staff, Students and Friends,

This month we remember two great women of faith and courage who struggled for justice and were women of compassion and love through all their difficulties. On August 8 we celebrated the life of our first Australian Saint, Mary of the Cross MacKillop, who faced adversity and opposition but was determined to provide educational opportunities for the poor. Next Monday we celebrate the Feast of the Assumption. This Feast provides an opportunity for us to reflect on the inspiration and guidance Mary gives us to live with compassion, faith and love, Mary's challenges in life and her willingness to say 'yes' to God. The Scriptures portray her as a young woman of strength and faith who endured the daily challenges of human life, just as we do. We take hope from the fact that Mary is someone we are able to relate to through her own human experiences of joy, sorrow, hardship, family and love. We seek to follow Mary's gentle way of teaching and sharing faith. We look to her for an example of how to live authentic, Christian lives and strive to follow her example of faith, humility, service and love of family.

This week, I had the great pleasure of joining Year 11 on Retreat. I thank Mr Paton, Mr Quigley and Mrs Donaghy for their organisation and for the teachers who gave up their time to attend the Retreat. The students were enjoying the opportunity to talk with and get to know students that they may not have really spoken to before. This year, both groups of students managed to complete the corral activity, which is an outstanding achievement. It involves lots of problem solving, frustration, energy and an incredible determination to complete the challenge. What impressed teachers was the calm, organised and supportive way the students worked together. This continued with an amazing sharing of talent later in the evening. As we come to the start of the final part of Year 12's journey at St Patrick's Marist, we look to our next leaders in Year 11. I look forward, over the coming weeks, to the process for selecting our new leaders and encourage each Year 11 student to consider applying for a leadership role. I have been very impressed with Year 11 and I am looking forward to working with them in 2017. I would also thank Fr Ian McGinnity from Christ the King North Rocks Parish for coming and celebrating the Eucharist with us.

This year our Literacy priority has been focussed on reading for meaning (inference). Inferring requires that students pay attention to the text. Reading between the lines is a complex skill that students develop with practice. It requires a sophisticated understanding of the text with a combined knowledge about the world. The strategy of Thinking Note Keys – Annotation of text, is about helping students to go deeper into the text. Learning to annotate a text takes time and can be very challenging to learn especially when we are used to approaching our texts differently. Not every text we use or read requires annotation. Most serious readers take notes of some kind when they are carefully considering a text, but many readers are too casual about their note-taking. Later they realise they have taken notes that are incomplete or too random, and then they find they may need to start over, re-notating an earlier reading. Others take notes only when cramming for a test, which is often merely "better than nothing." Students can easily improve the depth of their reading and extend their understanding over long periods of time by developing a systematic form of annotating. What the reader gets from annotating is a deeper initial reading and an understanding of the text that lasts.

I was able to take time to go and watch our AFL teams play recently. I was so impressed by all of the boys. With little experience, they have already started to develop excellent skills. Both teams worked together, encouraged each other and were very excited to walk away with a win. It was wonderful to hear our Sub Tuum sung across both grounds. Well done to both the boys and their coaches Mr Connor and Mr Moussa.

Our Trivia Night is fast approaching. I am looking forward to a great night. There is still time to grab a table.

Mrs Angela Hay

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KEY DATES

Saturday, 13th August
P&F Trivia Night

Monday, 15th August
Feast of the Assumption Mass

Wednesday, 17th August
Marist Oratory Competition

Friday, 19th August
College Walkathon

Friday, 26th August
Winter Sleepout

Friday, 26th - 28th August
Year 12 REMAR (Gold) Retreat

Friday, 2nd September
Year 9 Formation Day
Fathers Day Liturgy

Tuesday, 30th August
Year 12 Music Performance

Wednesday, 31st August
P&F Meeting (7.30pm)

**Thursday, 8th September and
Friday, 9th September (7.00pm)**
Drama Performance - The Tempest

Stay Connected:



stpatsdundas.catholic.edu.au



facebook.com/St-Patricks-Marist-College-1549337335358979



The Mission

of Marist schools is to lead young people in the way of Mary, to know and love God in the belief that they all can become good Christians and good Citizens.

Director of Mission

The fruit of silence is **prayer**,
The fruit of prayer is **faith**,
The fruit of faith is **love**,
The fruit of love is **service**,
The fruit of service is **peace**.

Mother Teresa
of Calcutta



Mary our Good Mother Chapel

The College Chapel is open for prayer each day of the school week.
It will be open before school, during school and after school. Please see the table below for Chapel opening times.
The Rosary will be on Wednesday's.
Prayer cards are also available for use.

*Please be mindful that during these times, the Chapel is a sacred space.
Please respect ALL members of our community who maybe using the chapel during these times.*

	Opening Times		
	Before School	During School	After School
Monday	8 - 8.40am	Lunch	3.20 - 4.30pm
Tuesday	8 - 8.40am	Lunch	3.20 - 4.30pm
Wednesday	8 - 8.40am	Lunch Rosary	3.20 - 4.30pm
Thursday	8 - 8.40am	Lunch	3.20 - 4.30pm
Friday	8 - 8.40am	Lunch	3.20 - 4.30pm

Business Manager

STUDENT AND PARENT REMINDERS

If you come to the College during school hours, you must enter through the front gate and sign in at the office before going out into the courtyard or other student areas.



Lost Property / Second Hand Clothing: There is still a large amount of Lost Property in the Book Hire/Uniform Shop. If your son/daughter has misplaced items of uniform, clothing, drink bottles, umbrellas, etc, please ask them to check Lost Property. Also, please see photo of lost keys available in the office. Parents please keep in mind that the College operates a second hand uniform shop and there is a vast selection of uniform items for sale.

Opal Card

A reminder to all students using public transport to and from school to please tap on and tap off with their School Opal card. This helps the bus companies in supplying appropriate bus services.

Opal data gathered by tapping on and off is used to determine demand for bus services. If students don't tap on and tap off, services may be cancelled due the lack of recorded patronage.

ACARA Privacy Notice: Information required to determine the Index of Community Socio-educational Advantage (ICSEA) for schools. This notice is from the Australian Curriculum, Assessment and Reporting Authority (ACARA), to advise you that ACARA has requested the College to provide ACARA with information about you and your child. The College may disclose to ACARA information such as your child's gender, date of birth, country of birth, background language, residential address, parental occupation and parental education.

This information is disclosed to ACARA under the ACARA Act 2008 for one or both of the following purposes:

- formulating national reports consisting of aggregated data on school performance; and
- assisting government to formulate policies in relation to education matters.

ACARA will not disclose this personal information to any third party. If you do not want the College to provide this information to ACARA, please advise within seven (7) days.

Further information about ACARA can be obtained from the ACARA website at www.acara.edu.au.

Mrs F. Hawton
Business Manager

Assistant Principal

COLLEGE WALKATHON

Details:

When: Friday 19th August

Target: \$40,000 (Approximately \$40/student)

Theme: "Out of this World" - The College will be known as 'St.Patrick's 'Mars' College' for the event!!

RACHEL NEYLAN

Ex-student at the Olympics

Rachel Neylan was a student at the College from 1994 to 1999. Throughout those years she was outstanding in sports. She received the 'Sportswoman of the Year' award when in Year 12. Rachel was also a House Captain. She represented the College in the 'All Schools Triathlon' and below is a report of the event in the 1999 College Year Book.



Our final participant was our only individual female competitor, Rachel Neylan in the Under 19 female race. (750m swim, 20km cycle and 5km run). Rachel was the noted athlete amongst us, and put in a tremendous performance, which demonstrated to the rest of the squad what determination really was. After exiting the water in promising position she fell victim to the curse of the coach who said 'it's Ok to ride mountain bikes' as she lost crucial time to those on racing bikes. With Rachel being 'gun' runner she powered home to record a fantastic 5km run time and an even more impressive overall time. Most importantly the entire squad was there to cheer her on.

Rachel has been selected to race for Australia in the Rio Olympics in the Woman's Cycling Road Race. You are encouraged to follow her progress during the Olympics and possibly send an encouraging email. Rachel's email address is rachel@rachelneylan.com

<http://rio2016.olympics.com.au/news/formidable-four-road-cyclists-ready-to-tame-the-roads-of-rio>
<http://www.cyclingnews.com/news/olympic-dream-close-to-becoming-reality-for-rachel-neylan/>

Mr W. Waddell
Assistant Principal - Pastoral

YEAR 12



Well done Alexander Ishac, our College Captain who was in the 'Parramatta Advertiser' for his involvement in a local environmental issue. Visit our College Facebook page to read entire article.



facebook.com/St-Patricks-Marist-College-1549337335358979

Mr D. Bonora
Pastoral Leader of Learning - Year 12

YEARS 7 AND 8

Keeping Track and Maths Club

It is fantastic to see so many Year 7 and 8 students attend Keeping Track and Maths Club each week. Keeping Track is an excellent program in helping students with organisational skills and an opportunity for students to seek clarification on any homework or assessment tasks they are working on.

Maths Club allows students to build on their maths skills and gives students an opportunity to seek clarification of content and skills covered in class.

Thank you to the Year 10, 11 and 12 students who give up their afternoon to work with these younger students each Wednesday afternoon. It is an excellent opportunity to build relationships between the different year groups.

If you would like to come along to Keeping Track or Maths Club, see your Pastoral Leader of Learning for a permission note.

Congratulations:

Patrick Smith (7 Ludovic) who played a wonderful rendition of Summer by Joe Hisaishi on the piano at our Assembly last week. What a fantastic performance!

Year 8 Captains and Vice Captains

	CHAVOIN	EDWIN	LUDOVIC	MACKILLOP	PAUL	XAVIER
YEAR 8 Captains	Lucas Hatchman	Abbie Moriarty	Jaymelee Bou Francis	Robert An	Tania Anrique Padilla	Angelina Acosta
YEAR 8 Vice Captains	Amy Giri	Lana Bannister	Brandon Shashati	Eve Watson	Leo Lee	James Di Giulio

Miss C. Mollace and Mrs A. Papoulias
Pastoral Leader of Learning - Years 7 and 8

HSC DRAMA SHOWCASE PERFORMANCE

The Year 12 Drama class presented their HSC Practical Examination projects in an evening showcase on Thursday 28th July. The audience witnessed almost 12 months of hard work and dedication in the form of Group Devised performances, solo performances and design projects. The class of 2016 impressed the audience displaying incredible talent and entertainment. Family, friends and teachers who attended the performance and exhibition raved about the confidence and high standard of work that the students had produced. We wish the Year 12 students well in the HSC Trial examinations and support them in their External Practical Examination taking place on Thursday 25th August. Break a leg!

Mrs R. Lyons
Drama Teacher



RIVERSIDE THEATRE EXCURSION

On Wednesday, 15th June, The elective Drama students from Years 10 and 12 attended Riverside Theatre in Parramatta for the production of 'Stolen'. The students and Drama teachers, Mrs Lyons and Mrs Simpson, were delighted at the rare opportunity to see this particular play performed by a professional production company. The performance was a contemporary re-imagining of the original play and gave both Years 10 and 12 students an insight into the ways a play can be interpreted by different directors. It was a valuable, enjoyable and social outing and a fantastic production!

Mrs R. Lyons
Drama Teacher



LIBRARY

APP OF THE WEEK



Duolingo

iPhone / Android

For anyone taking a language course, this app is a must-have. It's the #1 ranked app in "Language Learning" and is fast, free, and completely addictive. You can learn and practice Spanish, French, German, Portuguese, Italian, and English through activities involving voice recognition and an almost video-game-like achievement format. Pretty cool, huh?

<https://magoosh.com/hs/college-admissions/college-life/2014/top-20-free-apps-for-high-school-and-college-students/>

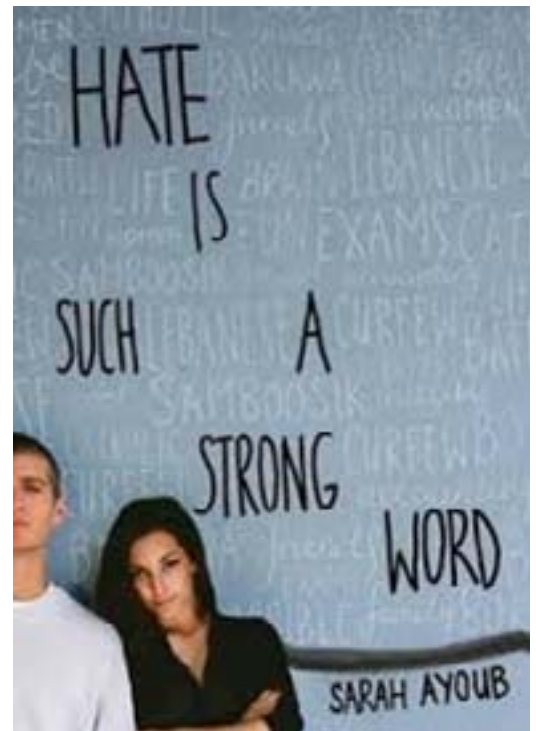
BOOK OF THE WEEK

Sarah Ayoub website: <http://sarahayoub.com/>

In the vein of DOES MY HEAD LOOK BIG IN THIS and LOOKING FOR ALIBRANDI, HATE IS SUCH A STRONG WORD is the story of a seventeen-year-old girl caught between two cultures, Lebanese and Anglo Australian. Seventeen-year-old Sophie hates Monday mornings, socks worn with sandals, and having to strategise like she's a battle sergeant every time she asks her parents if she can go out. But she especially hates being stereotyped because she's Lebanese. When new guy, Shehadie Goldsmith, is alienated at her Lebanese school because his dad is Australian, she hates the way it makes her feel. Like she's just as prejudiced as everyone else. Like she could make a difference if she stopped pretending she's invisible. Like the attraction between them might be too strong to fight... But hate is such a strong word... Can Sophie find the strength to speak out - even if it means going against everything she's been brought up to believe? A brilliant debut novel about identity, love, culture and finding your place.

Ages: 12+

Book reviews: <http://www.goodreads.com/book/show/18080157-hate-is-such-a-strong-word>



Mr M Wondracz
Teacher Librarian

VISUAL ARTS

Artist of the Week: Lucinda Rowe Year 12

Our artist of the week this week is Lucinda Rowe. She is a talented Year 12 Visual Arts student who has completed her HSC Body of Work "Oriental Innocence." Lucinda writes "my work is a collection of works involving paintings, drawings and photography, which encompass the central idea of the influences of the Japanese society on the individual. Inspired primarily by the Japanese contemporary artist Soniei, she has motivated me through her affection and attachment for culture, people, landscapes, and her desire to create and perfect her own unique interpretation of this." It has been through the progress of my work that my own understanding and knowledge of the Japanese culture has been enriched."

Ms Edwina Brennan
Leader of Learning - Visual Arts



YEAR 10 ELECTIVE HISTORY

Sydney Jewish Museum

On the 4th of August, Year 10 Elective History had the amazing opportunity of being able to visit the Sydney Jewish Museum in Darlinghurst which was founded in 1992 by three Holocaust survivors. When we first arrived at the museum, we had the privilege to listen to a Holocaust survivor and ask him questions about his experiences. We were able to listen to him recount the awful climate of anti-semitism he experienced during WWII and in post-war Poland before he moved to Australia at the age of 21.

After we heard George's testimony, we were taken on a tour through two of the museum's exhibitions. The first was called 'Signs of Life' and was a collection of letters and sets of cards sent between Jewish people in Europe and all over the world during and after the horrific events of the Holocaust. This exhibition was deeply moving and allowed all of us to gain an insight into what the Jewish people would have experienced during WWII. The second exhibition was about Anne Frank's life and family. We were able to learn more about her experiences and were able to see diagrams and a model of the secret annexe which Anne and her family lived in for two years in hiding before they were found by Nazis and sent off to concentration camps. This exhibition was also very touching as Anne Frank was not much older than most of us when she was killed, so her story really resonated with us.

The Year 10 Elective History Excursion was thoroughly enjoyable and informative and allowed us to acquire a deeper knowledge and understanding of the Holocaust and the effects it had on the people who experienced it's atrocities.

By Gabriella Vancuylenberg and Nicole Jurić

Year 10 Elective History



CHESS COMPETITION

On Thursday 28th July two chess teams in Year 7 played against a number of other schools in the MCS Junior Chess Competition. The two teams played 7 games in total. The outcomes for the teams were a few losses and some wins. Every player in the Year 7 Chess Teams showed great sportsmanship, strategies and tactics in the chess competition. This was a great experience because it showed the players different styles, moves and tricks. It was a very long day but everyone had great fun participating for their school.

Alex Johnson
7 MacKillop

The College entered two Year 7 teams and one Year 9 team into the Junior Chess Competition. The members of the Junior teams were:

Team 7.1- Student Names

Year 7 Alex Simpson
Anthony Khatchigian
Angelo Roppollo
Matthew Raish (Reserve)

Team 7.2- Student Names

Alexander Johnson
Nikolai Dmitrieff
Peter Sheslow
Bailey Ennis (Reserve)

Year 9 Tyler Higgins
Mark Blanchard
Hovig Melkonyants

While the Junior teams did not enjoy the success that the Senior teams achieved, all the players did their best and all commented on how much they enjoyed the opportunity to play against different competitors. The best result was achieved by the 7.1 team who came 5th (out of 19) in the Year 7 competition.

The best individual players on the day were Alex Simpson who won 4 out of his 6 games and Peter Sheslow who won 4 out of his 7 games.

Thank you to Ms Liska for organising the event and to the competition organiser Richard Gastineau-Hill from the State Chess Association.

Mr M. Wondracz
Mr A. Makram



COLLEGE ORATORY

Week 2 of this term saw the annual College Oratory take place in the Library. Once again the audience of parents and students were witness to some incredibly entertaining and engaging speeches that highlighted the calibre of public speakers we have at St Patrick's Marist. Selecting from a range of topics including 'Partners in Crime', 'Thin Ice' and 'The Power of One Multiplied by All', students from Years 7-11 showcased their ability to think creatively, carry out research, write with insight and discernment and then deliver an engaging and persuasive speech, full of confidence and conviction.

Congratulations to all students who participated on the night – over 60 students – who truly did their best and should be proud of themselves for getting up and giving it a go. All year groups were outstanding and the adjudicators did not have an easy time picking a winner. The following students were chosen to go on to the Marist Association Oratory evening on September 7th:

Year 7	Anthony Khatchigian
Year 8	Joseph Arabit
Year 9	Emma Gallagher
Year 10	Rebecca Ozer
Year 11	Joshua Khoudair

I wish the best of luck to these students representing the College in September.

Our college Oratory cannot take place without the assistance of staff and students. I would like to thank the following staff for their assistance in adjudicating on the night: Ms Gray, Ms Duffy, Ms Graham, Mr Lindsay, Mrs Martin, Mrs Harney, Ms Franke, Ms Raffoul, Ms Hagarty and Mr Moussa.

Thank you also to the wonderful students who assisted as timekeepers and chairpersons on the night:

Adeline Giacomelli (Year 7), Dylan Emerson-Vickary (Year 8), Deanna Emerson-Vickary (Year 8), Catherine Azize (Year 8), Hovig Melkonyants (Year 9), Matthew Brady (Year 11), Annabelle Bennett (Year 11), Ashleigh Fairall (Year 11), Sean Taing (Year 11).

Mrs L. Pett
Leader of Learning English



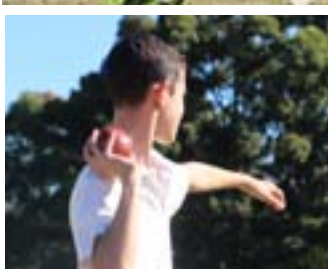
Sport

CONGRATULATIONS

Congratulations to Brad Davoren-Whereat, Josephine Bee & Taylah Nicholls who have been selected to represent NSWCCC Touch Football teams. These students represented the College as part of the MCS & PDSSSC teams which competed at the NSWCCC Touch Championships on 7th June in Dubbo. Brad will now compete in the National Touch League Championships on the Sunshine Coast in September, with Josephine & Taylah having already competed at the NSW All Schools Selections at Narrabeen. Congratulations on these excellent achievements and we wish you all the best in upcoming competitions.

Miss D. Liska
Sport Co-ordinator

Athletics Carnival



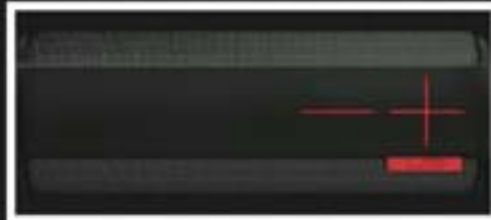
The first Marist Brothers arrived in Australia on the 'Star of Peace' on 21st February, 1872. On the 8th April, 1872, school commenced at St Patrick's. Our Newsletter is named, 'Star of Peace', as it too, hopefully, brings peace and good news to our community.

WALKATHON RAFFLE PRIZES

GO PRO HD HERO +
ACTION



2 X UE BOOM SPEAKERS



BEATS
BY DRE



3 X \$100 JBHIFI
VOUCHERS



SONY PS4



SONIQ 40" FULL HD TV



**1 x raffle ticket for
every \$20 you raise.
The more tickets the
more chance of
winning these amazing
prizes!!**

**Raffles drawn
each Friday**



ST PATRICK'S MARIST COLLEGE

151 Kirby Street, Dundas NSW 2117 ■ Tel: (02) 9638 5644 ■ Fax: (02) 9684 2120
Email: stpatdundas@parra.catholic.edu.au ■ Website: www.stpatricks.nsw.edu.au

21st July, 2016

REQUEST FOR BUSINESS SPONSORSHIP OF OUR COLLEGE WALKATHON

Dear Parents and Members of the College Community,

St Patrick's Marist College, Dundas will be holding its annual College Walkathon on Friday 19th August, 2016.

The Walkathon is one of the highlights of the year and is also the College's main fundraising activity. The focus of our fundraising efforts this year will be to improve facilities around the school so that students can be educated in an even more enriching learning environment. Additionally, as was the case last year, a proportion of funds will be donated to our sister school in India, Marist Primary School to complete the refurbishment and fit-out of the school. (This part of India is ravaged by poverty and a small contribution can go a long way to improving the quality of life of young people in this area.)

As a business owner or someone who knows a business owner we are hoping you may be able to assist with our fundraising efforts. At the same time, your business will be able to receive excellent exposure and publicity as the College has over 1,000 students and there are many additional families and people in the wider community who have strong connections to St Patrick's.

Following the Walkathon, a business sponsors flyer will be sent out to every family produced by a staff member of the College with Visual Graphic Design skills. It will include photos showing the colour and excitement of the day as well as details of generous businesses that have provided sponsorship. All business details will also be included on our College website in an upcoming newsletter.

A **\$100 donation** will secure an advertisement the size of a business-card with your business logo and contact information.

A **\$200 donation** will secure an advertisement the size of A5 paper and you will be able to include additional information such as business profile, services provided, history and other marketing-related information. (A person from the College will contact you to access this extra information.)

All business owners will receive a Certificate Of Appreciation to mark their contribution and upon request be provided with a tax invoice.

If you wish to take up this excellent marketing opportunity and at the same time make a positive contribution to the College community, please contact Jenny Westerbrink at the College at jwesterbrink@parra.catholic.edu.au or by phone on 9638 5644 for further information. You can also make direct payments by cheque, credit card or cash to the Front Office. Identify this payment with the title "Business Walkathon Sponsorship" and all logos/branding must also be included, preferably in digital form (.PDF, .TIFF, .EPS, HIGH RES JPEG), sent to the e-mail address shown above.

Yours sincerely,


Mrs Angela Hay
College Principal



MARIST | SCHOOLS AUSTRALIA
Catholic education in the tradition of St Marcellin Champagnat



THE TEMPEST

WILLIAM SHAKESPEARE

7PM PERFORMANCES
THURSDAY 8TH SEPTEMBER
FRIDAY 9TH SEPTEMBER
LA VALLA THEATRETTE

**CATHOLIC SOCIAL
TEACHING**

**"SOLIDARITY [...] IS A
FIRM AND PERSEVERING
DETERMINATION TO COMMIT
ONESELF TO THE COMMON
GOOD; THAT IS TO SAY, TO
THE GOOD OF ALL AND OF
EACH INDIVIDUAL, BECAUSE
WE ARE ALL REALLY
RESPONSIBLE FOR ALL."**

**POPE PAUL VI, SOLLICITUDO REI SOCIALIS, ON SOCIAL
CONCERN, 1987, #38**

SOLIDARITY



*"For those who wear them, the moment they put these
solidarity rings on they feel that there is a commitment to
the most disadvantaged people in our society."*

Maristely, Favela Young Leader, São Paulo, Brazil



End poverty. Promote justice. Uphold dignity.

WWW.CARITAS.ORG.AU

EXCLUSIVE OFFER TO
ZERO & REWARDS CARD HOLDERS

20%*
ORIGINAL PRICES
SCHOOLWEAR
AND EVERYTHING ELSE



THURSDAY 11TH AUGUST

AVAILABLE INSTORE & ONLINE

*Floor stock only. Exchanges and refunds only with docket. Includes existing Zero 5% discount. Excludes gift cards.



It is Homeless Persons' Week this week!

And I'm asking you to please join me to Lace It Up for homeless youth!

Because right now, 47,000 Australians aged 15-24 are homeless, making up 44% of the homeless population in Australia.

Lace It Up is an awareness campaign for youth homelessness in Australia. The idea is to swap your normal laces for a pair of bright blue laces to show your support to get young people off our streets.

So, how can you get involved?

Buy a pair of laces now to join the campaign. You can wear them throughout the month!

Share your #laceitup moments on our Facebook page or Instagram page and join the conversation about youth homelessness.

I hope that you can get involved to help me promote the campaign and spread the word about the number of young people living on our streets. Please join the movement now to help homeless youth and #laceitup with me!

To learn more about Lace It Up, please view our website www.youthoffthestreets.com.au

Thank you for your support.

Father Chris Riley - Founder and CEO
Youth Off The Streets Limited



FREE HOMEWORK HELP

@ Dundas Library

K – Year 12

2nd & 4th Thursday of every month

5.30pm-7.00pm

School term only and excluding public holidays



FREE
ENTRY



LIVERPOOL STREET ART FESTIVAL

**SATURDAY
13 AUGUST
3pm-8pm**

**BATHURST ST SOUTH CARPARK
(350-354 MACQUARIE ST)**



MUSIC | FOOD | ART | FUN

**LIVERPOOL
CITY
COUNCIL**



f #LiverpoolSAFest

www.liverpool.nsw.gov.au

August 2016

Night work on Marsden Road, Ermington/Dundas Valley from Wednesday 17 August

The NSW Government is funding this essential maintenance work between Victoria Road, Ermington and Morris Street, Dundas Valley to provide a stronger, longer lasting and safer road.

Roads and Maritime Services will carry out this work, which includes removing and replacing large sections of asphalt and repainting line markings.

This work will take **17** shifts to complete between **Wednesday 17 August** and **Thursday 15 September**, excluding **Saturdays**, weather permitting. Our working hours will be from **9pm** to **5am**.

How will the work affect you?

There will be noise associated with this work, but we will make every effort to minimise its impact, including completing noisier work before **11pm**.

Access to properties and bus stops in the work zone may be affected during shift hours. Traffic controllers will be on hand to assist with access to properties and to direct commuters to alternate bus stops.

Traffic changes

There will be some temporary traffic changes to ensure the work zone is safe.

Up to date information on the work will be displayed on electronic message boards along the road. Lane closures will be in place and may affect travel times. Please keep to speed limits and follow the direction of traffic controllers and signs. For the latest traffic updates, you can call 132 701, visit livetraffic.com or download the Live Traffic NSW App.

Contact

If you have any questions, please call our delivery partner Downer EDI on 1300 776 069 or email communityrelations.psmc@downergroup.com

For more information on our projects, visit rms.nsw.gov.au

Thank you for your patience during this important work.

CATHOLICCARE SOCIAL SERVICES DIOCESE OF PARRAMATTA PRESENTS

Faith in *Marriage*

SEMINAR 2016



KEYNOTE SPEAKER: SOPHIE YORK
Barrister and Spokeswoman for Marriage Alliance,
will speak on the Topic of

'the Beauty & Joy of Marriage'

SPEAKER: BEN SMITH

Director of the Family and Life Office will speak on
*'the Pope Francis apostolic exhortation
The Joy of Love (Amoris Laetitia)'*



FRIDAY 26 AUGUST

St Paul the Apostle Parish, 40 Buckleys Rd, Winston Hills.
Commencing at 7.30pm and concluding with a light supper.

Register attendance by
emailing marriage@ccss.org.au or
phone Lyn (02) 8822 2222





**WEST RYDE ROVERS
CRICKET CLUB
2016/2017
IMPORTANT NOTICE**

The new cricket season will start in mid-September.

We offer great opportunities to play cricket at many levels:

- **Milo in2CRICKET for boys and girls 4-7 years**
- **Modified games for Under 8-9 boys & girls**
- **Under 10-16 competition for boys and girls**
- **Junior girls-only teams**
- **Senior teams**

For details and to register ONLINE go to

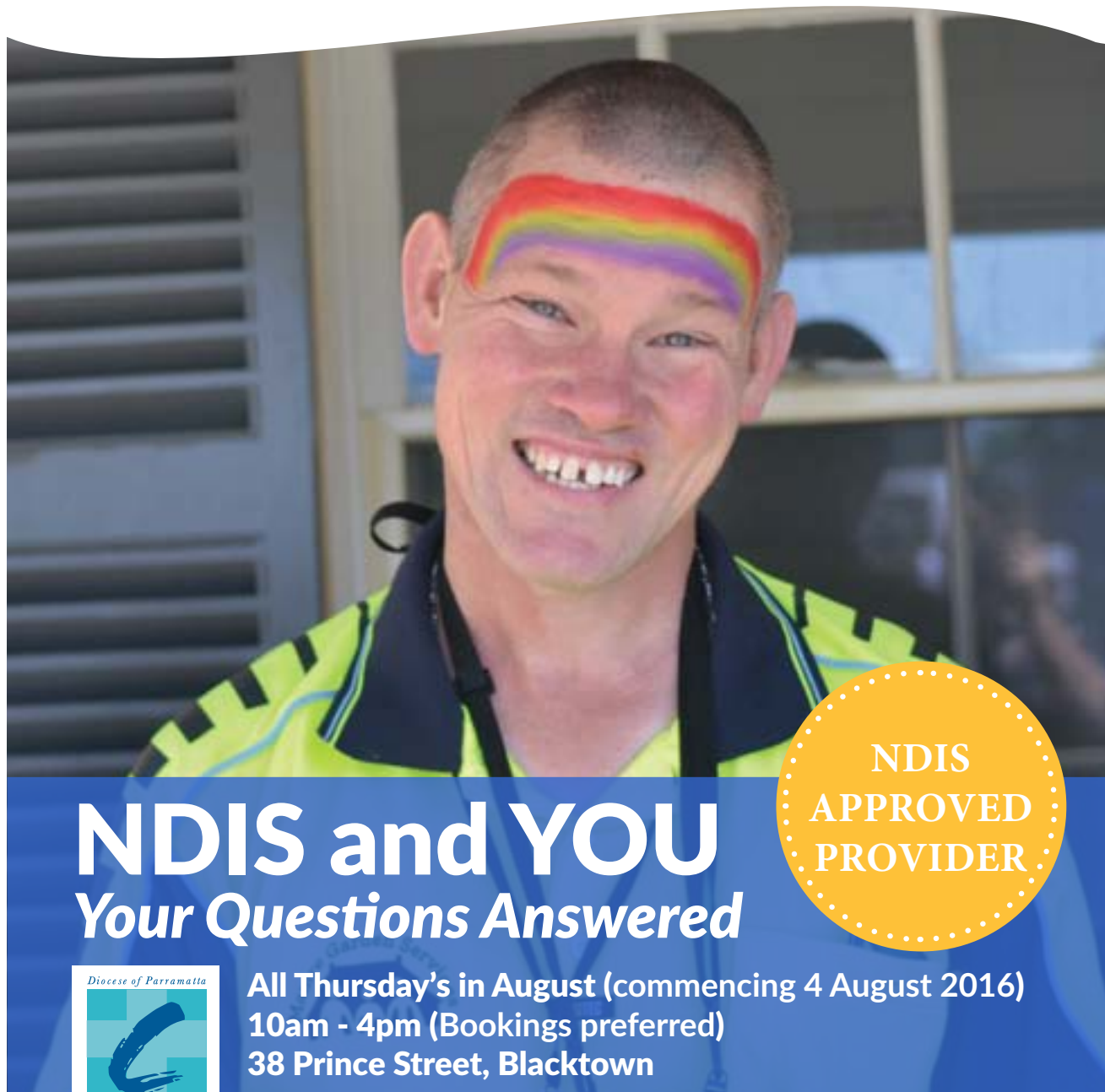
<http://westryderoverscc.nsw.cricket.com.au/>

**Please don't hesitate to contact us
if you have any questions:**

Phil Mundy (Club Secretary)
email: **secretary@wrrcc.com.au**
Tim French (Registrar)
email: **registrar@wrrcc.com.au**

CatholicCare CHOICES

Western Sydney and Blue Mountains



NDIS and YOU *Your Questions Answered*

NDIS
APPROVED
PROVIDER



All Thursday's in August (commencing 4 August 2016)
10am - 4pm (Bookings preferred)
38 Prince Street, Blacktown

Phone: 02 8822 2222 | Email Choices: choices@ccss.org.au



ENGAGING ADOLESCENTS™ PARENT COURSE

Parenting skills for resolving teenage behaviour problems

A three-session program for parents and carers
at St Mark's Catholic College, Perfection Drive, Stanhope Gardens
on Thursday evenings of 11th August, 18th August and 25th August 2016
from 6pm – 8pm.

Learn:

- ✓ Some common ground shared by parents & reasonable expectations to hold about adolescents
- ✓ New understandings of adolescence
- ✓ A three-option model & flow chart for decision-making
- ✓ Self check in, first – for parents.
- ✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
- ✓ Skills for tough conversations for handling those problems you just can't ignore

Registration

The course costs \$10 per parent/couple/carer(s) to cover the cost of the parent workbook (only one required per family). This workbook will be available for purchase on the night.

Register for this course by contacting St Mark's College office on 9852 0500

What parents have said...

A step dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.

A single Mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •

This course is being run by a Parentscape® licensed practitioner. www.parentscape.com.au

PARENT LINE NSW

Newly launched, the Parent Line is a unique telephone and online counselling and support service for parents and carers.

We cover issues with babies, children and young people up to 18 years of age, all over NSW. Our counsellors are professionally trained and specialise in working with families.

Contact us 7 days a week on 1300 1300 52 or at info@parentline.org.au

AUTUMN 2016

find us on 

Parent Line

NSW

Newsletter for High School parents



Parent Line

is a unique telephone and online counselling and support service for parents and carers. We cover issues with babies, children and young people up to 18 years of age, all over NSW. Our counsellors are professionally trained and specialise in working with families.

What do young people need?

Lots of recent research shows:

- ★ Young people want to talk about tough issues with family
- ★ Young people also need to learn how to stay safe.
- ★ Young people respond best to parenting that is not unduly harsh but neither is it unduly lenient
- ★ Young people want parents that are available to them even if they don't talk to parents that much

Not sure how to navigate these needs and wants? Our counsellors can help find strategies that best fit with each family and engage parents and young people more positively.

5 signs of a healthy family

While every family is unique, researchers find there are common signs of healthy families:

- ★ Members are committed to one another
- ★ Families engage in positive communication
- ★ The family spends significant time together
- ★ Members show affection to one another
- ★ The family actively engages together to resolve crises peacefully.

Our counsellors can help families develop these ways of being together. Simply call us on 1300 1300 52 or email a parenting question to info@parentline.org.au.



Only the best will do

Parent Line counsellors use research-based understanding of young people and families together with proven parenting strategies to help parents develop more positive relationships with young people. We support parents to find strategies that best work for their family and we provide thousands of referrals every year to services all over New South Wales.

concerns in 2015

Last year we were most often asked about:

- 1 Mental health
- 2 Reducing parent/young person conflict
- 3 Technology
- 4 Poor relationships and bullying
- 5 Impact of parental separation and family violence

NEW

Parent Line ONLINE

We want to make it as easy as possible for busy parents and carers to connect with us and obtain the information they need. We now have Online Counselling via our website at www.parentline.org.au, you can email us a question using info@parentline.org.au or find us on Facebook for our latest tips and useful research.



7 days a week

1300 1300 52

info@parentline.org.au

www.parentline.org.au